



Why Should I Join The Breathe Network?

Who We Are

The Breathe Network is a national resource for survivors of sexual violence, as well as local, state, and national coalitions to utilize as they seek out resources that will support individuals in transcending the trauma of sexual violence. Our focus is to connect survivors of sexual violence with sliding-scale, trauma-informed, holistic healers, while also educating healing arts practitioners on the impacts of sexual violence and techniques to increase trauma-sensitivity within their practice.

The Importance of Trauma-Informed Practitioners

Survivors of sexual trauma often have unique concerns when seeking out holistic healing arts practitioners. Creating a network of trauma-informed practitioners enables survivors to connect with resources and healing opportunities that will be sensitive and responsive to their needs and experiences.

The Benefits of Becoming a Practitioner with The Breathe Network

By joining our network you can expand the reach of your services through our national marketing efforts including our comprehensive website, social media, e-newsletter, brochures and conference sponsorships. You also access the following advantages:

- Join a community of healers that share information with each other about best practices, creative problem solving and peer support
- Utilize our platform to conduct teleseminars and write articles to educate survivors, advocates and healers about your techniques and how more people can incorporate the best practices that you have identified
- Create your own “Practitioner Page” on our website to inform viewers about the impacts of sexual violence, new methods of healing and your vision for how survivors can overcome and transcend trauma
- Publicize your work on our website, Facebook, Twitter, and in our monthly e-newsletter “Embodied Healing” which highlights articles, achievements, and events offered by our practitioners
- Improve your search engine rankings (SEO) with a “backlink” from our website to yours
- Access speaking and presenting opportunities at conferences and workshops
- Receive materials to include on your website that identify you as part of The Breathe Network

Helping Change the Way Our World Responds to Trauma

The last few years have witnessed a radical change in our understanding of best practices for healing trauma. It is now widely recognized that the body, mind and spirit are interconnected and must all be integrated within treatment. Across the country, an increasing number of practitioners and clients are embracing holistic forms of healing – including acupuncture, chiropractic, massage, Reiki, yoga and more – to mend and reunite the whole self after sexual trauma. By joining The Breathe Network today for a one-time membership fee of \$100 (sliding-scale accepted) you play an integral role in shaping a national movement that is redefining the way we respond to trauma, transform adversity into growth and support the innate resilience of the human system.